



# Why Wear Reading Glasses?

Presbyopia causes people, aged 45 and older, to need reading glasses. It is caused by ageing of the eye, which loses its ability to focus. Those affected gradually lose their close-up vision and need reading glasses.

## Do you have Presbyopia?

- Do you hold your phone further away to see it clearly?
- Can you read the small print in newspapers or magazines?
- Do you have difficulty keeping clear focus when reading?
- Do you have eye strain when reading for long periods?

If yes, then it is likely you are suffering from presbyopia.

## Can you prevent presbyopia?

Unfortunately not. Presbyopia is a natural ageing process and progresses over time requiring stronger and stronger glasses.

## Can presbyopia be treated?

Advances in laser and lens implant technology have produced two exciting treatments so you no longer need reading glasses. These safe & effective surgical treatments have the added bonus of correcting long-sightedness, short-sightedness and astigmatism; all at the same time.



## Treatments

### PRESBYOND™

In general, patients aged 45 to 60 with no signs of cataracts, can be successfully treated with PRESBYOND™ laser correction surgery.

PRESBYOND™ laser eye surgery uses a technique called 'blended vision' to re-set the vision in both eyes, focusing one eye for the distance and the other eye for reading. The brain then combines the vision from both eyes giving you distance, mid-range and reading-range vision, without the need for glasses.

### Refractive Lens Exchange with multifocal lens implants

If you are over 60 you are likely to have early signs of cataract, therefore lens exchange surgery is the treatment of choice for your presbyopia.

If you are younger than 60 but your cornea is too thin, or your glasses prescription too large for laser, then this surgery offers you excellent results and freedom from several pairs of glasses.

This treatment is similar to standard cataract surgery, with the additional benefit of a highly sophisticated lens implant. This will give you distance, mid-range and reading-range vision all without the need for glasses.

Another major benefit of this treatment is that it simultaneously removes any cataract. In the future, cataract surgery will never be needed.

## For more information

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